

## **Monaghan Collegiate School**

# CRITICAL INCIDENT POLICY

Monaghan Collegiate School aims to protect the well-being of its students and staff by providing a safe and nurturing environment at all times. Our motto of "Working together so that we may flourish as individuals" is derived from our mission statement introduction "Monaghan Collegiate School is dedicated to providing a quality education service, within a caring Christian environment, in which all work together to create a cohesive milieu within which the individual can develop and fulfil their full potential". The Board of Management, through Mr J Reid has drawn up a Critical Incident Management Plan as one element of the school's policies and plans.

#### Review and Research

The CIMT have consulted resource documents available to schools on www.education.ie and www.nosp.ie including:

- Responding to Critical Incidents Guidelines and Resources for Schools (NEPS 201 6)
- Suicide Prevention in Schools: Best Practice Guidelines (IAS, National Suicide Review Group (2002)
- Suicide Prevention in the Community A Practical Guide (HSE 2011)
- Well-Being in Post-Primary Schools Guidelines for Mental Health Promotion and Suicide Prevention (DES, DOH, HSE 2013)
- Well-Being in Primary Schools Guidelines for Mental Health Promotion
- (DES, DOH, HSE 2015)

#### Define what you mean by the term 'critical incident'

The staff and management of Monaghan Collegiate School recognise a critical incident to be "an incident or sequence of events that overwhelms the normal coping mechanism of the school". Critical incidents may involve one or more students or staff members, or members of our local community. Types of incidents might include:

- The death of a member of the school community through accident, violence, suicide or suspected suicide or other unexpected death
- An intrusion into the school
- An accident involving members of the school community
- An accident/tragedy in the wider community
- Serious damage to the school building through fire, flood, vandalism, etc.
- The disappearance of a member of the school community

#### Aim

The aim of the CIMP is to help school management and staff to react quickly and effectively in the event of an incident, to enable us to maintain a sense of control and to ensure that appropriate support

is offered to students and staff. Having a good plan should also help ensure that the effects on the students and staff will be limited. It should enable us to effect a return to normality as soon as possible.

## Creation of a coping supportive and caring ethos in the school

We have put systems in place to help to build resilience in both staff and students, thus preparing them to cope with a range of life events. These include measures to address both the physical and psychological safety of the school community.

#### **Physical safety**

The school takes the welfare of its staff and students very seriously, with a fully operational Health & Safety policy including:

- Evacuation plan formulated
- Regular fire drills occur
- Fire exits and extinguishers are regularly checked
- Full supervision of students

#### **Psychological safety**

The management and staff of Monaghan Collegiate School aim to use available programmes and resources to address the personal and social development of students, to enhance a sense of safety and security in the school and to provide opportunities for reflection and discussion.

- Social, Personal and Health Education (SPHE) is integrated into the work of the school. It is addressed in the curriculum by addressing issues such as grief and loss; communication skills; stress and anger management; resilience; conflict management; problem solving; helpseeking; bullying; decision making and prevention of alcohol and drug misuse. Promotion of mental health is an integral part of this provision
- Staff have access to training for their role in SPHE
- Staff are familiar with the Child Protection Guidelines and Procedures and details of how to proceed with suspicions or disclosures
- Books and resources on difficulties affecting post primary school student are available
- Information is provided on mental health in general and such specific areas as signs and symptoms of depression and anxiety
- Staff are informed in the area of suicide awareness and some are trained in interventions for suicidal students
- The school has developed links with a range of external agencies list these agencies
- Inputs to students by external providers are carefully considered in the light of criteria about student safety, the appropriateness of the content, and the expertise of the providers. See DES Circulars 0022/2010 (Primary) or 0023/2010 (Post-Primary)
- The school has a clear policy on bullying and deals with bullying in accordance with this policy
- There is a care system in place in the school using the "Continuum of Support" approach which is outlined in the NEPS documents published on 2007 for primary schools and 2010 for post primary schools. See also Student Support Teams in Post Primary Schools (2014). These documents are available on <a href="https://www.education.ie">www.education.ie</a>
- Students who are identified as being at risk are referred to the designated staff member (e.g. guidance counsellor or support teacher), concerns are explored and the appropriate level of assistance and support is provided. Parents are informed, and where appropriate, a referral is made to an appropriate agency.
- Staff are informed about how to access support for themselves.

## **Critical Incident Management Team (CIMT)**

A CIMT has been established in line with best practice. The members of the team were selected on a voluntary basis and will retain their roles for at least one school year. The members of the team will meet annually to review and update the policy and plan. Each member of the team has a dedicated critical incident folder. This contains a copy of the policy and plan and materials particular to their role, to be used in the event of an incident.

## **Critical Incident Management Team (CIMT)**

List is interchangeable depending on the Incident.

- Principal
- Deputy Principal
- Year Head
- Office staff
- Caretaker
- Guidance Counsellor
- Pastoral Care post holder
- Clergy (representatives nominated by Board)

#### The following groups may be co-opted as required

- Board of Governors/Board of Management
- Parents Association
- School Council
- Other Professionals
- Relevant teachers with expertise e. g. First aid

Critical Incident team members will liaise with staff members directly involved in the Critical Incident.

## Team leader: Tara Cowan

#### Role

- Alerts the team members to the crisis and convenes a meeting
- Coordinates the tasks of the team
- Liaises with the Board of Management; DES; NEPS; SEC
- Liaises with the bereaved family

## Garda liaison Tara Cowan

#### Role

- Liaises with the Gardaí
- Ensures that information about deaths or other developments is checked out for accuracy before being shared.

#### Staff liaison George Dugdale

#### Role

 Leads briefing meetings for staff on the facts as known, gives staff members an opportunity to express their feelings and ask questions, outlines the routine for the day

- Advises staff on the procedures for identification of vulnerable students
- Provides materials for staff (from their critical incident folder)
- Keeps staff updated as the day progresses
- Is alert to vulnerable staff members and makes contact with them individually
- Advises them of the availability of the EAS and gives them the contact number.

## Student liaison George Dugdale

#### Role

- At post-primary level, may co-ordinate information from tutors and year heads about students they are concerned about
- Alerts other staff to vulnerable students (appropriately)
- Provides materials for students (from their critical incident folder)
- Maintains student contact records (R1).
- Looks after setting up and supervision of 'quiet' room where agreed

## Community/agency liaison Rev Alan McQuade

#### Role

- Maintains up to date lists of contact numbers of
  - Key parents, such as members of the Parents Council
  - Emergency support services and other external contacts and resources
- Liaises with agencies in the community for support and onward referral
- Is alert to the need to check credentials of individuals offering support
- Coordinates the involvement of these agencies
- Reminds agency staff to wear name badges
- Updates team members on the involvement of external agencies

#### Parent liaison Ian Lovett

## Role

- Visits the bereaved family with the team leader
- Arranges parent meetings, if held
- May facilitate such meetings, and manage 'questions and answers'
- Manages the 'consent' issues in accordance with agreed school policy
- Ensures that sample letters are typed up, on the school's system and ready for adaptation
- Sets up room for meetings with parents
- Maintains a record of parents seen
- Meets with individual parents
- Provides appropriate materials for parents (from their critical incident folder)

## Media liaison Tara Cowan

#### Role

- In advance of an incident, will consider issues that may arise and how they might be responded to (e.g. students being interviewed, photographers on the premises, etc)
- In the event of an incident, will liaise where necessary with the SEC; relevant teacher unions etc.
- Will draw up a press statement, give media briefings and interviews (as agreed by school management)

#### Office Staff Role Sarah Reid, Yvonne Deery

- Maintenance of up to date telephone numbers of
  - Parents or guardians
  - Teachers
  - Emergency services
- Takes telephone calls and notes those that need to be responded to
- Ensures that templates are on the schools system in advance and ready for adaptation
- Prepares and sends out letters, emails and texts
- Photocopies materials needed
- Maintains records

#### **Record keeping**

In the event of an incident each member of the team will keep records of phone calls made and received, letters sent and received, meetings held, persons met, interventions used, material used etc.

Office staff will have a key role in receiving and logging telephone calls, sending letters, photocopying materials, etc.

#### Confidentiality and good name considerations

Management and staff of Monaghan Collegiate School have a responsibility to protect the privacy and good name of people involved in any incident and will be sensitive to the consequences of public statements. Members of school staff will bear this in mind, and seek to ensure that students do so also, e.g. the term 'suicide' will not be used unless there is solid information that death was due to suicide, *and* that the family involved consents to its use. The phrases 'tragic death' or 'sudden death' may be used instead. Similarly, the word 'murder' should not be used until it is legally established that a murder was committed. The term 'violent death' may be used instead.

## Consultation and communication regarding the plan

All staff were consulted and their views canvassed in the preparation of this policy and plan. Students and parent/guardian representatives were also consulted and asked for their comments. Our school's final policy and plan in relation to responding to critical incidents has been presented to all staff. Each member of the critical incident team has a personal copy of the plan. All new and temporary staff will be informed of the details of the plan by George Dugdale The plan will be updated annually

## Appendix

Critical Incident Rooms  In the event of a critical incident, the following rooms are designated for the indicated purposes					
Room Name:		Designated Purpose:			
Board Room	М	Main room for meeting staff			
Study hall/Sport's hall	М	Meetings with students			
Study Hall	М	Meetings with parents			
Board Room	М	Meetings with media			
Board Room	In	Individual sessions with students			
Board Room	М	Meetings with other visitors			
		Critical Incident Management Team			
Role		Name	Phone		
Team leader:		Tara Cowan	0838444124		
Garda liaison		Tara Cowan	0838444124		
Staff liaison		George Dugdale	0879108556		
Student liaison		George Dugdale	0879108556		
Community liaison		Alan McQuade	0858236490		
Parent liaison		Ian Lovett	0861686388		
Media liaison		Tara Cowan	0838444124		
Administrator		Sarah Reid	00447756286227		
		Yvonne Deery	0871413758		

## Short term actions - Day 1

Task	Name
Gather accurate information	George Dugdale
Who, what, when, where?	George Dugdale
Convene a CIMT meeting – specify time and place clearly	Tara Cowan
Contact external agencies	Tara Cowan
Arrange supervision for students	George Dugdale
Hold staff meeting	All staff
Agree schedule for the day	All involved
Inform students – (close friends and students with learning difficulties may need to be told separately)	Tara Cowan/ Board Clergy
Compile a list of vulnerable students	George Dugdale
Prepare and agree media statement and deal with media	Tara Cowan/ Board Clergy
Inform parents	Tara Cowan/ Board Clergy
Hold end of day staff briefing	Tara Cowan

## Medium term actions - (Day 2 and following days)

Task	Name
Convene a CIMT meeting to review the events of day 1	Team leader
Meet external agencies	Tara Cowan
Meet whole staff	Tara Cowan
Arrange support for students, staff, parents	lan Lovett
Visit the injured	Ian Lovett/ Joanne Murnaghan
Liaise with bereaved family regarding funeral arrangements	Tara Cowan
Agree on attendance and participation at funeral service	All of CIMT
Make decisions about school closure	ВоМ

## Follow-up – beyond 72 hours

Task	Name
Monitor students for signs of continuing distress	Class teachers
Liaise with agencies regarding referrals	Ian Lovett/Joanne Murnaghan
Plan for return of bereaved student(s)	Tara Cowan
Plan for giving of 'memory box' to bereaved family	Tara Cowan
Decide on memorials and anniversaries	BOM/Staff, parents and students
Review response to incident and amend plan	Staff/BOM

EMERGENCY CONTACT LIST				
AGENCY	CONTACT NUMBERS			
Garda	112/999			
Hospital	04781811			
Fire Brigade	112/999			
Local GPs Dr Barry Dr Browne Dr Brett & Dr Bourke Dr Duffy & Dr McGinnity	04781168 04781466 04781986 04781321			
HSE	04730400			
Community Care Team	04730400			
Child and Family Centre	04771398			
Child and Family Mental Health Service (CAMHS)	04730400			
School Inspector	018896553			
NEPS Psychologist	018650780			
DES - Dublin	018896400			
DES - Athlone	0906483600			
State Exams Commission	096442700			
JMB	012838255			
ASTI	016040160			
Employee Assistance Service	1800 411 057			
Clergy Bishop Ellis Chancellor Berry Rev McQuade	04889522461 0868203790 0858236490			

Signed

Date 27/11/2023

Chair of the Board of Management